



BREAKFAST

served mon-sat until 11am

specialties	
THE BELT MELT bacon, egg, lettuce, and cheddar on toast	6.49
THE FARMWICH sausage, egg, and cheddar on a croissant	6.49
REGI'S VEGGIES egg, spinach, tomato, and everything bagel seasoning and avocado on toast	5.99
CROQUE MADAME ham, cheddar, and a fried egg on a croissant	6.49

classics	
BREAKFAST BURRITO bacon or sausage, egg, and cheese with a side of salsa	6.49
BLT CROISSANT bacon, lettuce, and tomato on a croissant	5.49
LETTUCE WRAP bacon or sausage on romaine lettuce	4.49
BACON CROISSANT	4.59
SAUSAGE CROISSANT	4.59

breakfast bowl

2 eggs, bacon or sausage, cheese	5.99
ADD ONS:	
spinach	.50
avocado	.99
tomato	.50
bell pepper	.99
onions	.50

on toast	
AVOCADO TOAST avocado mash with everything bagel seasoning on toast - on GF toast: 5.59	4.59
THE PBB peanut butter and bananas on toast with cinnamon and a honey drizzle	2.99

add ons	
TOMATO .50	LETTUCE .50
AVOCADO .99	BELL PEPPERS .99
SPROUTS .99	CHEDDAR .50
BACON .99	SAUSAGE .99
ONIONS .50	

sides

FRUIT & YOGURT PARFAIT	4.59
BAGEL w/ CREAM CHEESE	2.59
BAGEL w/ VEGAN CREAM CHEESE	2.99
OATMEAL - add fruit .99 - add nuts .50	1.99
BACON	2.99
SAUSAGE	2.99
EGG	1.99